

## **TROUPE HANBOOK**

### **- LJR CURRICULUM STUDENTS ONLY -**

#### **The Commitment:**

Troupe is a big commitment, please carefully read through our guidelines and ensure that you can fully commit to these events and rehearsals. If you feel as though you are unable to commit to the guidelines provided in this handbook, kindly unenroll from the LJR Curriculum and head to our website to have a look at the General Classes.

#### **Enrolling in Troupe Class:**

**By enrolling in Troupe Class, you are agreeing to:**

- Be available for the dates below.
- Pay in full the troupe costumes allocated to you.
- Abide by the hair & makeup guidelines.
- Purchase the correct stockings and shoes.
- Pay in full the Troupe registration fee for the competitions.
- Prioritise getting your dancer to their weekly troupe lesson.
- Prioritise any extra troupe rehearsals scheduled throughout the year.
- Understand that classes at LJR will be cancelled on the Saturday of troupe competitions for GTB, Evo and Finals. You will not be reimbursed for these classes however you will receive free troupe workshops throughout the year along with a free stage rehearsal.

#### **What Competitions are we doing?**

At LJR Dance Academy our troupes will compete in two/three competitions annually. For 2026 these will be **Get the Beat** and **Evolution Dance Competition**.

(We will also be doing an interstate national competition for Mini Elite, 8&u, 10&u, 12&u, 14&U, 16&u and Open age. Please see the GTB Finals handbook for more information)

**\*SUBJECT TO CHANGE – CONFIRMATION WILL BE IN FEB 2026\***

#### **Dates & Location:**

##### **Students Must be available for:**

**STAGE REHEARSAL** – Sunday 2nd August 2026 at the Golden Grove Rec Centre

**GET THE BEAT** – Saturday 8<sup>th</sup> & Sunday 9<sup>th</sup> August 2026 at the Golden Grove Rec Centre

**EVOLUTION** – Saturday 15<sup>th</sup> & Sunday 16<sup>th</sup> August 2026 at the Golden Grove Rec Centre

**CONCERT REHEARSAL** – Monday 14<sup>th</sup> December 2026 at the Golden Grove Rec Centre

**CONCERT** – Tuesday 15<sup>th</sup> December 2026 at the Golden Grove Rec Centre

### Work up/Down:

Some students may be asked to work up or down into an extra troupe age bracket. This will be done at the start of the year and is at LJR Dance Academy managements discretion.

### Sickness or Injury on Comp Days:

Our dancers and teachers work extremely hard all year to ensure we put our best work out on the stage. If you dancer is unwell but still able to perform on stage, you must attend the competition. If you dancer is not well enough, a sick note from a doctor must be given to LJR Dance Academy. Absence of a dancer at the competition results in LJR loosing points for uneven spacing and truly lets the team down. If you feel as though you cannot prioritise the competition commitment, do not enrol in the LJR Curriculum.

### Staging:

The teacher has the final say as to whether the troupe or an individual student will compete at competitions regardless of if payment is complete. There is no audition process to be a part of the Troupe class. All students enrolled in Troupe class will have the opportunity to perform on stage with the whole group at concert events. Understand that competing under LJR troupes is a privilege and can be rescinded if management feel it is necessary.

Positioning and staging in troupes are done by age, ability, and amount of training hours. Typically, students who are on the younger/less experienced students are placed behind more experienced dancers so they can follow.

### Costuming:

At LJR our troupe costumes are handmade. If it is our first year doing a specific routine all students will receive a custom-made costume to their measurements. **Budget \$150-\$300** per costume for new custom-made costume.

If the routine was performed last year you will need to purchase a costume from a dancer who was in the routine the previous year. LJR will try the potential costumes on your dancer in Term 2 and allocate a costume for you to purchase from the previous owner. **Normally 20% of the original price is taken off** however it is up to you and the owner of the costume to agree on a price point. In the instance that the owner is proposing a reasonable price and the buyer does not wish to purchase for that price. The buyer's dancer will be removed from the routine. In the instance that the owner is not proposing a reasonable price, the buyer will potentially receive a new costume from the dressmaker. LJR Dance Academy will distinguish the reasonable price. If there are more students in the routine the second year, you may receive a new custom-made costume instead of a second hand one.

**\*Do NOT sell or hire out your troupe costumes without LJR Approval. \***

### Merchandise:

Troupe members must wear appropriate LJR merchandise for all award ceremonies.

### Hair and Makeup:

The parent or student is required to do their hair and makeup or organise a professional to do the students hair and makeup. The makeup and hairstyle will be decided by LJR Dance Academy management. Makeup and hair styles can change between routines. Clear instructions of the hair and makeup for each routine will be given out closer to the date of the competitions.

### Tanning:

It is strongly recommended that all students in 10&u and above have a fake tan for the troupe competition. Below are some Tans that we recommend.

#### **Gradual tan (Put on night before after a shower, don't shower in morning):**

- Dove gradual tan stocked at Priceline, Woolworths, Chemist Warehouse, Big W
- Eco Tan stocked at Priceline (good for sensitive skin all organic ingredients)
- Palmers gradual tan stocked at Kmart

#### **Foam tan (Put on night before, rinse of in shower in the morning):**

- Bondi sands stocked at Woolworths, Priceline, Big W, Target
- Loving tan stocked at Priceline or Online stores

#### **Instant tan (Put on in the morning let dry before getting dressed):**

- Bondi sands GLO instant tan cream or spray

### Exact Dates and Arrival Time:

Exact dates and arrival times will be given out the week prior the competition. You must abide by the arrival time given despite the scheduled performance time. Competitions can run early or change times and will only let LJR know, not individual parents. Therefore, you must go by LJR Dance Academy's arrival time. The arrival time is given with enough time for a costume, hair and makeup check. A good warm up and practice. **DO NOT BE LATE!**

### Competition Etiquette:

- Dancers must wear LJR merchandise at the competitions and award ceremonies.
- Parents and students are expected to display that they are supportive and congratulative of all LJR Dance Academy students and students from other dance schools.
- Parents and students must not talk while in the auditorium. If you need to talk, please leave the auditorium.
- Parents and students should not voice their opinions on the placings at the competitions.
- If you have a complaint about another dance school, you must come to LJR, not teachers or staff from the other dance school.
- If you have a complaint about the competition, you must come to LJR management, NOT the competition director. We will deal with all concerns.
- NO filming of the routines on stage. You can purchase a video from the competition.
- **Please respect the reputation of LJR Dance Academy and use common/proper etiquette while at these events.**